Bureaucrats Hamper Talks

Jack Anderson says U.S. bureaucrats are as bad as the Russian millwolves in basketball. The Journal attended a meeting of the board.

Buffets Upgrading Football Program

Look out, OU! All-E boochers. The Journal sports editor, a formely all-Baylor University football recruiter, says our early successes in their efforts to rebuild their program. Also OU, OSU wrestling scores, high school basketball results, and other sports results.

Making A Point

Gen. George Hays emphasizes a point in his program as he tells legislators what he thought to be done in the 1953 legislative session. He spoke at the State Capitol where he addressed a number of state officials.

Nigh Pushes Transfer Of University Hospital

By Harry Geiger

Oklahoma City (UPI) — The state has once again increased its efforts to improve the medical care of its people by pushing for the transfer of University Hospital.

Soviets Push Back Afghan Rebels

By Karel A. A. (UPI) — Soviet forces recording Soviet-British rebels are pushing stronger than the one-time Tsch quiet Afghan government troops. The Soviets are working with a number of local groups to establish a new government in the region.

80' Postal Rates To Stay Same

By Bob Bauman

Oklahoma City (UPI) — The postal service announced Sunday that it will maintain the current rates for the fiscal year.

POLICE CAR CRASH PUTS MAN IN JAIL

By Ray Swenson

OKLAHOMA CITY — A police car involved in a chase last night caught a man who had been involved in a shooting.

Man Guilty In Slaying, Gets Life

By Dave Early

OKLAHOMA CITY — A man was sentenced to life in prison for the murder of a woman.

ROGERS, DOBBIE BROTHERS LEAD GRAMMY LIST

By William L. Smith

Los Angeles (UPI) — The Grammy Awards were held last night, and the Dobbie Brothers took home the top honors. They were joined by a number of other performers.

GOOD MORNING, IT'S WEDNESDAY Jan. 9 And...

By Bob Bauman

It will be a fair and warmer day today, with temperatures reaching the upper 30s. High Wednesday will remain in the upper 30s to lower 40s. Good morning, Oklahoma City! It will be a nice day to be outside.

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From Page One

Soviets Hound Rebels

Continued From Page 1

The combination of the Viet Cong, the North Vietnamese and the attempted intervention of the Soviet Union in the Far East has sparked a war of its own.

The United States, which has been providing military aid to South Vietnam, has been criticized for its policy of intervention in the region.

In recent days, the Soviet Union has increased its military presence in the region, with reports of Soviet military planes flying over the area.

The situation is tense, with both sides continuing to engage in military activities.

Life Sentence In Killing

Continued From Page 1

The man who killed his wife and her lover was sentenced to life in prison.

The man had pleaded guilty to the murder and was sentenced to life in prison.

A jury found him guilty of murder, and the judge handed down the sentence.

The man appealed the sentence, but the higher court upheld it.

The man is now serving his time in prison.

Rate Boost Discounted

Continued From Page 1

The bank announced a rate boost for savings accounts.

The bank had previously offered a lower interest rate.

With the new rate, the bank is now offering a higher interest rate to its customers.

The bank is hoping the rate boost will attract more customers.

Man Charged In Crash

Continued From Page 1

The man who caused the accident was charged with criminal negligence.

The man had a history of drinking and driving.

He was charged with causing the accident and with criminal negligence.

He is now awaiting his trial.

Hospital Plan Splits Lawmakers

Continued From Page 1

The hospital plan has been met with mixed reactions from lawmakers.

Some have praised the plan, while others have criticized it.

The plan has been in the works for several years.

It is designed to provide health care for all residents of the state.

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Show House Project To Benefit Symphony

Festive Western Parties Honor Sponsors

By Elizabeth Walker

It's two weeks until the first of hundreds of volunteers play a major role in the Symphony's campaign for the new hall.

A second party, the one on the west side of the hall, will be held April 18. The first party will be held April 20.

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Helen Help Us... Is Daughter Her Lover's?

By Helen Boak

DEAR HELEN: I'm 17, I'm in love with a 19-year-old man. We've been seeing each other for a year. I love him, and I really think he loves me. Can you help?

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Dearest Dearest: About Men And Women

One week ago, I began a series of letters to my friend, who is also a man. I've been reading these letters, and they make me laugh out loud. I've been thinking about them, and I've been trying to figure out what they mean.

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Hints From Heloise...

Senior Citizens Sing Along

Our senior citizens club has started a new program. We are holding sing-along sessions every Saturday at 10 a.m. The sessions are open to all members of the club, and they are free to participate. We are also offering a special discount to anyone over 65 who attends.

DEAR HELoise: We're a group of people who love to sing. We meet every Saturday at 10 a.m. at the senior citizens center. The sessions are free and open to all members of the club.

NEWMAN'S Women's Semi-Annual Boot & Shoe Clearance

NEWMAN'S semi-annual is a great opportunity to purchase high-quality shoes at a discount. The sale includes a variety of styles, colors, and sizes, and there are some great deals to be had.

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Editorials
Teddy Who?

Art Buchwald
Have A Miserable Day

Afghan Comment

Nobody’s Friend

Notes

Billy Graham
QUESTION: My marriage isn’t as good as you say it should be, and I just don’t know what to do about it. I love my husband, but somehow we just don’t seem to fit together. We have children and a lot of responsibilities, but it feels like we’re too busy to really connect.

ANSWER: It is normal to go through periods when marriages feel less fulfilling. It’s important to communicate openly and honestly with your partner about how you both feel and what you both need. It might also be helpful to consider seeking the guidance of a professional counselor or therapist who can help you both work through these issues.

The Bitten Apple

Paul Harvey
Synthetic Oil

Midwest City Traffic Court

Midwest City Cable Television Logs

Midwest City

Oklahoma Heritage Institute Returns

Jack Anderson
Militants, Bureaucrats
Stubborn In Iran Talks

14 Carlton have less tar than
1 Vantage.

Carlton is lowest.

Morning

Afternoon

DINNER

EVENING

ENTERTAINMENT

TV TODAY

(polygon)
Classen Downs Capitol Hill, 48-44

By John Martin

The Oklahoma City Transcript.

Classen downs Capitol Hill, 48-44, Tuesday night, but it wasn't easy. Classen led 27-22 at the half, and had to depend on 84 percent free-throw shooting in the second half to hold off Capitol Hill. Capitol Hill rallied with a 16-0 scoring spurt to take a 38-35 lead in the third quarter, but Classen managed a 23-12 advantage in the final stanza to win the game.

Olympic Team Ices Stars

Oklahoma City - The U.S. Olympic Figure Skating Team secured its place as the first team to participate in the Olympic Games.

From Page 3

Clark

The Oklahoma City Transcript.

The Oklahoma City Transcript.

White Sox Draft Luzinski

By United Press International

The Chicago White Sox, meeting the Philadelphia Phillies, have drafted Steve Luzinski, the brother of Chicago'sSlugger. Steve Luzinski, a 21-year-old shortstop, was the first pick in the National League's annual draft.

Briefings

opinion

By Editorial Staff

The Oklahoma City Transcript.

The National Science Foundation has awarded grants to several universities in the state for research in the field of artificial intelligence.

newsmakers

The Oklahoma City Transcript.

The Oklahoma City Transcript.

The Oklahoma City Transcript.
4th Quarter Surge Sends Market Soaring
What your child will eat in school next week

**WESTERN HEIGHTS 公立学校**
- **MONDAY** - Meat Loaf with Potatoes, Creamed Corn, Rolls, Salad, Milk
- **TUESDAY** - Chicken and Rice, Green Beans, Rolls, Salad, Milk
- **WEDNESDAY** - Hamburger Helper, Macaroni and Cheese, Green Beans, Rolls, Salad, Milk
- **THURSDAY** - Fish and Chips, Yams, Rolls, Salad, Milk
- **FRIDAY** - Pizza, Salad, Fruit, Milk

**BETHANY 公立学校**
- **MONDAY** - Meat Loaf with Potatoes, Creamed Corn, Rolls, Salad, Milk
- **TUESDAY** - Chicken and Rice, Green Beans, Rolls, Salad, Milk
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- **FRIDAY** - Pizza, Salad, Fruit, Milk

**EDMOND 公立学校**
- **MONDAY** - Meat Loaf with Potatoes, Creamed Corn, Rolls, Salad, Milk
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- **FRIDAY** - Pizza, Salad, Fruit, Milk

**PUTNAM 公立学校**
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Strasbaugh hunts payrolls, jobs for metro area

"It's the time of year for the Strasbaugh family to start thinking about who will be working for them next year. Strasbaugh is a large manufacturer of industrial and commercial equipment, and they are looking for people to fill positions in a variety of areas, including engineering, sales, and production. The company is headquartered in the metro area, and they have job openings in several different locations. Strasbaugh is also looking to fill positions in their research and development department. If you're interested in working in any of these areas, they encourage you to apply. The deadline for applications is January 31st. Strasbaugh offers competitive salaries and benefits, as well as opportunities for advancement. Please contact your local Strasbaugh office for more information."
Convert winter dreams of spring garden into reality

By Hugh Hedges

Oklahoma City

In place of a season usually occupied with drudgery-like tasks of winter repair, gardeners can look forward to a period of contemplation and imagination. As early as possible in the season, they can plot the garden of their dreams and make plans for its realization.

The winter garden is often associated with the image of a snow-covered field or a frosty meadow. However, the garden can be transformed into a dreamland by the imagination of the gardener. This can be achieved through careful planning and design.

The garden should be a place of sanctuary and relaxation. It should be a place where one can escape the cares of the world and find solace in nature. The garden should be designed to provide a sense of serenity and peace.

The garden should be a place of beauty. It should be a place where one can enjoy the sights and sounds of nature. The garden should be designed to provide a sense of wonder and inspiration.

The garden should be a place of education. It should be a place where one can learn about the natural world and its workings. The garden should be designed to provide a sense of knowledge and understanding.

The garden should be a place of enjoyment. It should be a place where one can find happiness and contentment. The garden should be designed to provide a sense of joy and pleasure.

The garden should be a place of health. It should be a place where one can maintain a healthy body and mind. The garden should be designed to provide a sense of well-being and vitality.

The garden should be a place of connection. It should be a place where one can connect with nature and with others. The garden should be designed to provide a sense of community and belonging.

Put head above heart in all matters

By Robert R. Stickel

A practical approach to the problem of putting your mind above your heart is to remember that it is important to be aware of your emotions and to control them. By controlling your emotions, you can put your mind above your heart and make better decisions.

When you allow your emotions to rule your actions, you can make choices that are not in your best interest. By controlling your emotions, you can make better decisions and achieve your goals.

The key to putting your mind above your heart is to stay focused on your goals and to avoid being distracted by your emotions. By staying focused, you can make better decisions and achieve your goals.

The following are some tips for putting your mind above your heart:

1. Stay focused on your goals.
2. Avoid being distracted by your emotions.
3. Make decisions based on reason, not emotion.
4. Take time to consider all of your options.
5. Seek advice from others.

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Prizewords Puzzle No. 3

Not solved, prize hiked

The Journal for Better Living's Prizewords Puzzle No. 3 started on page 5. Published weekly, the puzzle is a popular feature of the magazine. The puzzle is designed to challenge the mind and provide a form of entertainment for readers.

The puzzle consists of a series of words that are related to each other in some way. The reader is asked to unscramble the words to form a sentence or a phrase. The puzzle is solved by logic and reasoning.

The puzzle is published on a Monday and the solution is provided on the following Monday. The puzzle is open to all readers and is judged by The Journal for Better Living's editorial staff.

The prize for solving the puzzle is a gift certificate to a local store. The prize can be claimed at the store and is valid for one year.

The puzzle is a great way to challenge the mind and improve logical thinking skills. It is also a fun way to learn new words and improve vocabulary.

The puzzle is a popular feature of the magazine and is enjoyed by readers of all ages. The puzzle is a great way to spend some time and have some fun.

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Outdoors group fights to protect water supply

Editor's note: This story appears in the Oklahoma State University Extension Service's Newsletter, No. 64, October 20, 1985.

The Oklahoma State University Extension Service is working to protect the quality of Oklahoma's water supply through a new initiative called the Oklahoma Water Protection Program. The program aims to educate the public about the importance of water conservation and to encourage individuals and groups to take action to protect the state's water resources.

The program is part of a larger effort to improve the state's water quality, which has been declining due to overuse and pollution. By providing information and resources to citizens, the Extension Service hopes to help them make informed decisions about water usage and protect the state's natural resources.

The Oklahoma Water Protection Program includes a series of workshops and educational events designed to raise awareness about water conservation and quality. The program also offers resources and tools to help individuals and organizations take action to protect the state's water supply.

To learn more about the Oklahoma Water Protection Program and how you can get involved, visit the Oklahoma State University Extension Service's website or contact your local extension office.
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The Journal, Wednesday, January 9, 1980