Festivities Give Boren Workout

By NANCY GILSON

The Oklahoma Journal

Boren, the 21-year-old senior at the University of Oklahoma, is one of the most popular students on campus. The Tallahassee, Florida, native is a member of the Sigma Chi fraternity and is active in student government affairs. He also plays basketball for the Sooners, where he is a starting guard.

Boren's workout routine includes a combination of cardiovascular and strength-training exercises. He typically starts with a 20-minute jog on the treadmill, followed by 30 minutes of weightlifting. He then spends 10 minutes doing sit-ups and another 10 minutes doing push-ups. To finish, he spends 10 minutes stretching.

Boren is known for his dedication to fitness and his focus on maintaining a healthy lifestyle. He credits his college years with helping him develop a strong work ethic and a commitment to personal improvement.

Beating Victim Jeweler Dies

By MIRJAM SHAPIRO

The Oklahoma Journal

Police in Oklahoma City have charged a man with the murder of Jewelers Boren, a 65-year-old jeweler who was shot and killed outside his store in downtown Oklahoma City. Boren was killed on Monday night while he was unprotected in his store.

Witnesses said that Boren was attempting to protect himself when he was shot. He was taken to the hospital, where he died later in the evening.

Boren was known for his community involvement and his dedication to his business. He had been a jeweler for over 40 years and was respected by his peers.

A GoFundMe campaign has been set up to support Boren's family and his business. The campaign has already raised over $10,000.

Inside News

John D. Williams

The Oklahoma Journal

Inside News is a column that provides the latest news and updates on the Oklahoma City area. It includes information on local events, news, and opinions.

Top Stories:

1. Oklahoma City Council votes to approve a new downtown development project.
2. Oklahoma State University announces plans for the construction of a new science building.
3. The Oklahoma City Public Schools are considering a change to the school start date.

State of the State:

Governor Stitt delivers State of the State address.

Local Focus:

Oklahoma City Mayor David Holt discusses plans for the city's future.

Sports:

Oklahoma City Thunder win a close game against the Dallas Mavericks.

Cultural:

Oklahoma City Museum of Art presents a new exhibition.

Business:

Oklahoma City Chamber of Commerce reports strong economic growth.

Call for Action:

Oklahoma City Council votes to increase the minimum wage.

Letters to the Editor:

Readers express their opinions on a range of topics, including education, healthcare, and the environment.

The Oklahoma Journal

Vol. 11, No. 102
Oklahoma City, Oklahoma 73108
Tuesday, January 17, 1975
10¢, in Oklahoma City

28 DEAD
BY SNOWSTORM

Blizzard Kills 10 in Iowa

The Oklahoma Journal

28 people have been killed in Iowa as a result of a severe blizzard that swept through the state. The worst of the storm hit a small town in central Iowa, where 10 people were killed in a single night.

The blizzard began on Monday night and continued through Tuesday morning. The winds reached speeds of up to 80 miles per hour, causing widespread damage.

Governor Tom Vilsack has declared a state of emergency and has asked for federal assistance to finance the cleanup.

StateWide:

Oklahoma Governor Kevin Stitt declares a state of emergency in 10 counties.

National:

President Joe Biden declares a major disaster in 10 states affected by the blizzard.

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Forty-third Congress, 1975-1976

Democrats To Present Own Plan

WASHINGTON, D.C. — The House of Representatives is moving closer to passing its own version of the federal budget. The Democratic-controlled House has approved a plan that differs significantly from the Republican proposal.

The House bill includes several provisions that were not in the Senate-passed version, such as increased funding for social programs and measures to reduce the deficit.

Challenging the Congressional budget plan, Speaker Nancy Pelosi has said that the House's approach is a more balanced and responsible way to achieve fiscal stability.

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Building Razed In Stigler Fire

Oklahoma City, OK - A fire that destroyed a building in Stigler has been ruled an accident. The fire started at 3 a.m. on Monday and consumed a three-story brick building.

Stigler Fire Chief Dan Lindsey said that the cause of the fire was a electrical short. The building was uninsured, and no one was injured.

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Fierce Clash Marks Raid By Israelis

By Sydney Shapiro

The Oklahoma Journal

A fierce clash between Israeli forces and Palestinian militants took place in the West Bank today. The conflict has escalated since the start of the week, with reports of heavy casualties on both sides.

Israeli forces have been deploying troops and equipment in preparation for a large-scale operation. The Israeli government has said that it will not tolerate any further attacks by Palestinian militant groups.

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Heartline

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Hairdresser Bruno Predicts…

‘Undone’ Looks To Be Trend

Gavel Gossip…

Club Women Plan Programs

Ask Dr. Brothers…

Pressure, Stress Possible Causes Of Son’s Drinking

January Fabric Clearance!

Carpet Sale

Rita’s Fashions
GOSSIP

12 Diabetes Clinics Set
In January

by Robin Adams Sloan

Wife's Fan Snubs Dustin

Death Count Backed
On Care Of Dying

Lecturer To Speak
Walk Called
Best Exercise

Woman Booked
After Shooting

The Midnight Earl
Contested New Hampshire, Oklahoma Races Get Review

JCPenney

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Stellar Defense Does Super Job

Pokes Dipping Into Juco Ranks

Steeeler Stand At 5
Turning Point—Noll

Pokes Dip Into Juco Ranks

Curtain Falls On Vikings

13 JAN

13 JAN
Well, What Did You Expect?

Jim Murray

The Kickoff Game was a thing of the past, and the Sooners had to face the Buffalo Bills for the first time, but it was nothing new. The Sooners had been in this position before, and they knew what to expect. They had to face the Bills, and they knew they had to win. The Sooners had been in this position before, and they knew what to expect. They had to face the Bills, and they knew they had to win. The Sooners had been in this position before, and they knew what to expect. They had to face the Bills, and they knew they had to win. The Sooners had been in this position before, and they knew what to expect. They had to face the Bills, and they knew they had to win.